

## Liver Tests & Monitoring

### About This Resource

These resources explain common liver blood tests and imaging studies, how they are used to monitor liver health, and where patients can access reliable testing. They include TLC services, partner laboratories, and educational tools that support regular monitoring for chronic liver conditions.

### Clinical & Laboratory Services

- **Texas Liver Care – Laboratory, FibroScan® and Imaging Services**

Comprehensive liver panels, FibroScan® fibrosis assessment, ultrasound and expert interpretation.

📞 (682) 427-0200 | 🌐 [texaslivercare.org](http://texaslivercare.org) | Fort Worth & Dallas

- **Quest Diagnostics** 🌐 [questdiagnostics.com](http://questdiagnostics.com) | **Labcorp** 🌐 [labcorp.com](http://labcorp.com)

Accredited testing network for liver, metabolic, and diagnostic panels.

### Educational Programs

- **American Liver Foundation**

Clear explanations of tests and imaging.

🌐 [liverfoundation.org](http://liverfoundation.org)

- **MedlinePlus – Liver Tests**

Easy-to-read summaries of test purposes and reference ranges.

🌐 [medlineplus.gov/lab-tests/liver-function-tests](http://medlineplus.gov/lab-tests/liver-function-tests)

- **RadiologyInfo.org – Liver Imaging**

Patient-friendly information on ultrasound, CT, and MRI procedures.

🌐 [radiologyinfo.org/en/info/fatty-liver-disease](http://radiologyinfo.org/en/info/fatty-liver-disease)

### TLC Tips – Monitoring Made Simple

- Track your test results (digital or paper) to follow trends over time.
- Ask your provider to explain changes, not just individual numbers.
- Keep up with labs and FibroScan® as recommended, even when you feel well.
- Avoid alcohol or strenuous exercise the day before blood draws.

### For Support & Questions

Texas Liver Care | (682) 427-0200 | [TexasLiverCare.org](http://TexasLiverCare.org) | [info@TexasLiverCare.org](mailto:info@TexasLiverCare.org) | 617 Travis Ave, Fort Worth, TX 76104

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