

Imaging & Fibroscan Preparation

About This Resource

These resources help patients prepare for imaging studies used to assess liver health including ultrasound, Doppler, FibroScan®, CT, and MRI. They explain what to expect before, during, and after testing, and list trusted community facilities.

Clinical & Imaging Services

- **Texas Liver Care – Comprehensive Liver Ultrasound, FibroScan®, and imaging-guided paracentesis**

Advanced non-invasive imaging for detailed liver and vascular assessment.

- FibroScan® measures liver stiffness (fibrosis) and fat content (steatosis).
- Ultrasound with Doppler evaluates blood flow in the portal, hepatic, and splenic veins, helping detect portal hypertension, thrombosis, and abnormal circulation patterns.

📞 (682) 427-0200 | 🌐 texaslivercare.org | Fort Worth & Dallas

- **Envision Imaging | Touchstone Medical Imaging**

Outpatient imaging partners offering ultrasound, CT, and MRI with liver-specific protocols. Convenient scheduling, quick turnaround, and multiple DFW locations.

🌐 envrad.com | 🌐 touchstoneimaging.com

How to Prepare

- Do not eat or drink for 3 hours before your FibroScan® or ultrasound unless otherwise instructed.
- Wear loose, comfortable clothing for easy access to your upper abdomen.
- Avoid lotions or oils on your abdomen on the day of testing.
- Bring a list of medications and supplements.
- Ask your provider when to resume food or medications afterward.

TLC Tips – Making the Most of Your Imaging Visit

- Arrive early to review your medical history and recent labs with the imaging team.
- Ask your provider to explain your kPa and CAP scores after your FibroScan® — tracking changes helps show progress.
- Schedule follow-up scans as recommended to monitor liver health over time.

For Support & Questions

Texas Liver Care | (682) 427-0200 | TexasLiverCare.org | info@TexasLiverCare.org | 617 Travis Ave, Fort Worth, TX 76104

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