

Inpatient & Residential Treatment Programs in Texas & Nationwide

About This Directory

This extended list provides information on licensed inpatient and residential treatment centers across Texas & the U.S. offering detoxification, medical and behavioral therapy, family support, and continuing care planning for people recovering from alcohol use disorder. Patients should contact each center directly to confirm admission criteria, insurance acceptance, and current availability. For immediate support or outpatient options, see the companion handout: *Alcohol Recovery & Sober Support*.

Regional Programs – Dallas / Fort Worth Area

- **Stonegate Center – Azle**

Faith-based, accredited residential recovery center for men and women
 (817) 476-7483 |  stonegatecenter.com

- **The Addiction Recovery Center by Texas Health – Mansfield**

Hospital-affiliated program offering inpatient detox, counseling, and medical management.
 (682) 626-8522 |  texashealth.org/addiction-recovery-center

- **Riverwalk Ranch – Mansfield**

Comprehensive residential and partial-hospitalization care with medical detox and MAT.
 (877) 863-3869 |  riverwalkranch.com

North & Central Texas Programs

- **Burning Tree Ranch – Kaufman**

Long-term, relapse-prevention-focused residential program.
 (866) 287-2877 |  burningtreeranch.com

- **Sante Center for Healing – Argyle**

Dual-diagnosis treatment with licensed medical detox and residential care.
 (866) 238-3154 |  www.santecenter.com

- **Healing Springs Ranch – Tioga**

Holistic residential facility emphasizing trauma-informed care and wellness integration.
 (866) 636-1426 |  healingspringsranch.com

- **La Hacienda Treatment Center – Hunt**

One of Texas's oldest accredited addiction treatment centers; medical and counseling teams on-site.
 (844) 434-0924 |  lahacienda.com

- **The Arbor Behavioral Healthcare – Georgetown**

Residential and extended-care recovery campus with medical detox, therapy, & wellness programs.
 (844) 413-2690 |  theabbor.com

For Support & Questions

Texas Liver Care | (682) 427-0200 | TexasLiverCare.org | info@TexasLiverCare.org | 617 Travis Ave, Fort Worth, TX 76104

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Last Updated March 2026

- **Touchstone Ranch Recovery Center – Hico**

Rural inpatient program integrating equine therapy and dual-diagnosis support.

📞 (254) 918-2009 | 🌐 trrc.com

- **Serenity House – Abilene & Multiple Sites**

Non-profit, licensed medical detox and residential recovery program.

📞 (866) 795-4673 | 🌐 serenitytexas.com

- **Nova Recovery Center – Buda / Austin Area**

Evidence-based 12-step residential and outpatient programs; gender-specific housing.

📞 (512) 309-5694 | 🌐 novarecoverycenter.com

- **The Last Resort Recovery Center – Smithville**

Men-only residential treatment emphasizing peer accountability and trauma recovery.

📞 (512) 960-3474 | 🌐 lastresortrecovery.com

South & Gulf Texas Programs

- **Origins Texas Recovery – South Padre Island**

Full-service detox and residential treatment campus on the Texas Gulf Coast.

📞 (866) 637-1951 | 🌐 originstexas.com

- **Starlite Recovery Center – Center Point**

Established Hill Country facility offering family programs and alumni support.

📞 (877) 681-9118 | 🌐 starlitererecovery.com

Out-of-State Centers of Excellence

For patients seeking specialized or extended-stay programs.

- **The Meadows – Arizona**

📞 (866) 303-9316 | 🌐 themeadows.com | Wickenburg, AZ

- **Sierra Tucson – Arizona**

📞 (855) 578-0241 | 🌐 sierratucson.com | Tucson, AZ

- **Caron Treatment Centers**

📞 (855) 499-2257 (Pennsylvania) | (844) 517-5418 (Florida) | 🌐 caron.org

- **Integrative Life Center – Tennessee**

📞 (615) 891-2226 | 🌐 integrativelifecenter.com

TLC Tips – Selecting the Right Program

- Confirm that the center is state-licensed and accredited by the Joint Commission or CARF.
- Ask about medical-detox availability and options for length of stay.
- Request details on family involvement and the center's aftercare plan before admission.
- Verify insurance coverage, estimated costs, and expected admission wait times.

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