

## Autoimmune & Bile Duct–Related Liver Disease (PBC, PSC, AIH)

### About This Resource

These programs support people living with autoimmune and bile-duct–related liver diseases — including Primary Biliary Cholangitis (PBC), Primary Sclerosing Cholangitis (PSC), and Autoimmune Hepatitis (AIH). They provide education, community support, and information on current treatments, research, and clinical trials.



### Specialized Medical Care

- **Texas Liver Care**

Expert evaluation and management of autoimmune and cholestatic liver diseases, including advanced diagnostics, treatment, and transplant coordination.

 (682) 427-0200 |  [texaslivercare.org](https://texaslivercare.org) | Dallas & Fort Worth

- **Baylor Scott & White Liver Consultants of Texas**

 (214) 820-1756 (Dallas) | (817) 922-1790 (Fort Worth) | (1-844) 279-3627 (General) |  [BSW Liver](https://bswhealth.com) [[bswhealth.com](https://bswhealth.com)]

- **UT Southwestern Liver Disease Clinic - Hepatology**

 (214) 645-1919 |  [UTSW Liver](https://utswmed.org) [[utswmed.org](https://utswmed.org)] | Dallas

*If you need further help finding a liver specialist, you can search by location and insurance at [doctor.webmd.com](https://doctor.webmd.com), or ask your primary care provider or gastroenterologist for a referral to a hepatologist.*

### Patient Advocacy & Education

- **PSC Partners Seeking a Cure**

Community, education, and research advocacy for Primary Sclerosing Cholangitis (PSC).

 [pscpartners.org](https://pscpartners.org)

- **PBC Foundation**

National and international support and educational resources for people living with Primary Biliary Cholangitis (PBC).

 [friendsofthepbcfoundation.org](https://friendsofthepbcfoundation.org) |  [pbcfoundation.international](https://pbcfoundation.international)

- **Autoimmune Hepatitis Association (AIHA)**

Patient-led organization offering education, peer support, and advocacy for Autoimmune Hepatitis.

 [aihep.org](https://aihep.org)

#### For Support & Questions

Texas Liver Care | (682) 427-0200 | [TexasLiverCare.org](https://TexasLiverCare.org) | [info@TexasLiverCare.org](mailto:info@TexasLiverCare.org) | 617 Travis Ave, Fort Worth, TX 76104

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- **American Liver Foundation (ALF)**

Reliable liver health information, webinars, and nationwide patient support networks.

 [liverfoundation.org](https://liverfoundation.org)

- **AASLD (American Association for the Study of Liver Diseases)**

Evidence-based educational materials and updates on autoimmune and cholestatic liver diseases.

 [aasld.org/patient-resources](https://aasld.org/patient-resources)

- **NIDDK (National Institute of Diabetes and Digestive and Kidney Diseases)**

Trusted NIH resource with detailed information on liver disease research, treatment, and patient education.

 [niddk.nih.gov/health-information/liver-disease](https://niddk.nih.gov/health-information/liver-disease)

## Medication & Treatment Support

- GoodRx —  [goodrx.com](https://goodrx.com)

- NeedyMeds —  [needymeds.org](https://needymeds.org)

## Research & Clinical Trials

- **ClinicalTrials.gov**

National database of ongoing studies for autoimmune and bile-duct–related liver diseases (PBC, PSC, and AIH), including new therapies and approaches to improve outcomes and quality of life.

- **Evidentis Clinical Research**

Clinical trial center offering opportunities to participate in clinical studies related to liver and metabolic health.

 (682) 651-1112 |  [evidentisresearch.com](https://evidentisresearch.com)

- **Texas Liver Care** can also connect you with studies offered through Evidentis and other collaborating research networks.

*Participation in clinical research helps advance future treatments and may expand access to promising therapies under expert medical supervision.*

## TLC Tips – Living Safely with Autoimmune Liver Disease

- Take medications (like ursodiol) exactly as prescribed — do not stop or change doses without your doctor's guidance.
- Keep track of lab results (ALP, bilirubin, liver enzymes) and share trends with your care team.
- Report any new symptoms promptly — especially itching, jaundice, fever, right-upper-quadrant pain, or new fatigue.
- Stay current on vaccinations — hepatitis A and B, flu, and pneumococcal.
- Ask about bone health, thyroid testing, and vitamins A, D, E, and K as part of long-term care.

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- Join a patient support group — sharing experiences can improve understanding and wellbeing.

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