

Autoimmune & Bile Duct–Related Liver Disease (PBC, PSC, AIH)

About This Resource

These programs support people living with autoimmune and bile-duct–related liver diseases — including Primary Biliary Cholangitis (PBC), Primary Sclerosing Cholangitis (PSC), and Autoimmune Hepatitis (AIH). They provide education, community support, and information on current treatments, research, and clinical trials.

Specialized Medical Care

- **Texas Liver Care**

Expert evaluation and management of autoimmune and cholestatic liver diseases, including advanced diagnostics, treatment, and transplant coordination.

 (682) 427-0200 |  texaslivercare.org | Dallas & Fort Worth

- **Baylor Scott & White Liver Consultants of Texas**

 (214) 820-1756 (Dallas) | (817) 922-1790 (Fort Worth) | (1-844) 279-3627 (General) |  bswhealth.com

- **UT Southwestern Liver Disease Clinic - Hepatology**

 (214) 645-1919 |  [UTSW Liver](http://utswmmed.org) utswmmed.org | Dallas

If you need further help finding a liver specialist, you can search by location and insurance at doctor.webmd.com, or ask your primary care provider or gastroenterologist for a referral to a hepatologist.

Patient Advocacy & Education

- **PSC Partners Seeking a Cure**

Community, education, and research advocacy for Primary Sclerosing Cholangitis (PSC).

 pscpartners.org

- **PBC Foundation**

National and international support and educational resources for people living with Primary Biliary Cholangitis (PBC).

 friendsofthepbcfoundation.org |  pbcfoundation.international

- **Autoimmune Hepatitis Association (AIHA)**

Patient-led organization offering education, peer support, and advocacy for Autoimmune Hepatitis.

 aihep.org

For Support & Questions

Texas Liver Care | (682) 427-0200 | TexasLiverCare.org | info@TexasLiverCare.org | 617 Travis Ave, Fort Worth, TX 76104

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- **American Liver Foundation (ALF)**

Reliable liver health information, webinars, and nationwide patient support networks.

 liverfoundation.org

- **AASLD (American Association for the Study of Liver Diseases)**

Evidence-based educational materials and updates on autoimmune and cholestatic liver diseases.

 aasld.org/patient-resources

- **NIDDK (National Institute of Diabetes and Digestive and Kidney Diseases)**

Trusted NIH resource with detailed information on liver disease research, treatment, and patient education.

 niddk.nih.gov/health-information/liver-disease

Medication & Treatment Support

- GoodRx —  goodrx.com

- NeedyMeds —  needymeds.org

Research & Clinical Trials

- **ClinicalTrials.gov**

National database of ongoing studies for autoimmune and bile-duct–related liver diseases (PBC, PSC, and AIH), including new therapies and approaches to improve outcomes and quality of life.

- **Evidentis Clinical Research**

Clinical trial center offering opportunities to participate in clinical studies related to liver and metabolic health.

 (682) 651-1112 |  evidentisresearch.com

- **Texas Liver Care** can also connect you with studies offered through Evidentis and other collaborating research networks.

Participation in clinical research helps advance future treatments and may expand access to promising therapies under expert medical supervision.

TLC Tips – Living Safely with Autoimmune Liver Disease

- Take medications (like ursodiol) exactly as prescribed — do not stop or change doses without your doctor’s guidance.
- Keep track of lab results (ALP, bilirubin, liver enzymes) and share trends with your care team.
- Report any new symptoms promptly — especially itching, jaundice, fever, right-upper-quadrant pain, or new fatigue.
- Stay current on vaccinations — hepatitis A and B, flu, and pneumococcal.
- Ask about bone health, thyroid testing, and vitamins A, D, E, and K as part of long-term care.

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Patient Resource

- Join a patient support group — sharing experiences can improve understanding and wellbeing.

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